



RENATA M. ORR, CHHC

LIFESTYLE COACH, NUTRITION EXPERT AND SPEAKER

INCREASE PRODUCTIVITY, MORALE, AND HAPPINESS AND LOWER THE INSURANCE COSTS EFFORTLESSLY.

Renata leads her audience with a **dynamic, fast-paced mix of very practical how-to information delivered with a high dose of inspiration and motivation.**

As seen on NBC TV



Her energy and positive spirit will help your organization **create team building opportunities that bring new energy into your workplace.**

RENATA ADDRESSES HER AUDIENCE WITH GREAT ENERGY, STYLE AND ENTHUSIASM!

"It is not often in life that we get the opportunity to have a life changing experience. Renata's expertise, energy and enthusiasm is contagious and is the spark that ignites new ways of living for her clients. Her approach to teaching her clients is very interactive and connected to our lives."

-Linda Horisk, Tarrytown NY

RENATA'S CORPORATE AUDIENCE INCLUDES:

AT&T
VERIZON
THE NEW YORK TIMES
WESTCHESTER MAGAZINE
NEW YORK NEW YOU

GE
GE CAPITAL
JOHN KEY COLLEGE
EILEEN FISHER
TYCO



Renata M. Orr, CHHC is an international lifestyle coach, speaker and the founder and owner of LDV Nutrition.com. Renata is an expert in strategies to help her clients create a divine body, vibrant health, lose weight, manage stress and live the life they really desire elegantly and with ease.

Her career spanning over 15 years in the nutrition, health, and beauty fields combined with her business background make her uniquely qualified to help her clients experience powerful and personal transformations by improving their health and look.

Born and educated in Warsaw, Poland where she received her MBA degree in Management, she ran several international businesses in Poland, including a highly successful fashion business, before moving to the U.S.

As an original partner and Managing Director of Ananas Spa in Southampton, NY, Renata developed a range of beauty and skin care programs for hundreds of loyal and appreciative clients, including Nicole Kidman and Renee Zellweger.

Renata is fluent in English, Polish and Russian and is passionate about health, wellness and living a conscious and balanced life. Featured on NBC Nightly News with Chuck Scarborough and on the Ladies' Room TV, Hamptons Magazine, and Westchester Magazine. Renata lives in Houston with her husband, Sean, and beautiful Havanese, Dolce. Her daughter, Sonia, is an MBA graduate at the NYU Stern School and lives and works in NYC.

LDV
LA DOLCE VITA
NUTRITION

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